

**South Coast Swim Conference (SCSC)
League Rules
Revision November 2010**

I. ELIGIBILITY

- A. The South Coast Swim Conference will be limited to ten teams; membership must be approved by a majority of the current member teams.
- B. All swimmers shall be detached from any other USA swim club from the day of the first dual meet through the SCSC Conference Finals. Parents must submit proof of detachment, prior to June 15, which the team will keep on file. Exception to the above requirement to detach will be granted if the swimmer has swum for five (5) consecutive years (with no break in service) with a SCSC team. Any break in service thereafter nullifies the exception clause. For instance, a swimmer who meets the two exceptions above will no longer qualify for the exception if he/she leaves the SCSC team for one season or more and returns for a subsequent season. The swimmer will then have to detach from their USA swim club.
- C. Each team must include in their swimmer registration packet the following statement: “(Child’s name) will not compete with (“attached to”) any other USA swim team from the day of the first dual swim meet until SCSC Finals, unless the swimmer meets the exemption requirement outlined in section I-B of the SCSC Eligibility Rules.” (Initialed by parent).
- D. Any exceptions or interpretations of the League Rules and eligibility must be clarified by the SCSC Board prior to any competition, if not the swimmer/issue is considered ineligible until the matter is resolved.
- E. A swimmer must not be younger than 5 nor older than 18 (as of June 1 of the current swim year) with teams having the option of letting 4-year olds participate at their discretion. College swimmers will only be allowed to compete if they swam for an SCSC team in two prior years, not necessarily consecutive seasons.

II. GENERAL MEET RULES

- A. Age Classification: Swimming age is determined by the competitor’s age on June 1 of the current swim year. Age verification must be provided to the challenging team president within two weeks of a written notice.
- B. Swimming Up: A swimmer may “swim up” to another age group, but may not compete in the same event in two age groups in a single meet. A swimmer may “swim up” no higher than two age groups (ex. 7/8 to 11/12, not 13/14).
- C. Events per Swimmer: A swimmer may swim in no more than two (2) Official individual events and two (2) Official relays or three (3) Official individual events and one (1) Official relay.
- D. Starting System: Dual or Tri Meets, Relay Finals and Finals may be started with a sound system, gun, strobe system, or method agreed to by the teams.

III. OFFICIAL RULES

- A. Stroke Rules: Current year CIF (NFHS) Rule Book.
- B. Judging: As a back-up to the time-based system detail in IV-I below, and at the discretion of the host team, Officials may be requested to “pick” the place of swimmers in Official races. Current year CIF (NFHS) Rule Book.
- C. Officiating Coaches and Parents: Neither coaching staff nor parents (of “active” swimmers) will be allowed to officiate unless mutually agreed upon by both teams prior to meet.
- D. Host team will provide a copy of the Current year CIF (NFHS) Rule Book.
- E. Uniform/Swimsuit Rules: Swimmers shall be limited to one swimsuit, which shall be constructed of a woven/knit textile material, permeable to water and air, constructed so as not to aid in buoyancy, and shall not contain zippers or other fastening systems. In addition, the suit shall be constructed so that the style/shape for males shall not extend above the waist or below the top of the kneecap and for females shall not extend beyond the shoulders or below the top of the kneecap, and it shall not cover the neck.

IV. DUAL AND TRIANGULAR MEET RULES

- A. Meets: Each team must swim at least 75% of the other teams in the League to be qualified to swim in the League Finals, it is the intent of the Conference that each team will swim every other team at least one dual meet.
- B. Schedule Changes: Any change to the league schedule will be made by mutual agreement of the teams affected by the change, not less than five days prior to the original scheduled date. In the event of a cancellation without mutual agreement, only the canceled team may substitute an intrasquad meet, which will count for eligibility purposes. Any change or cancellation must be reported to an SCSC Board member.
- C. Relay Teams: Each club may swim as many relay teams as it has lanes available in the meet. Only official relay lanes (two per team) may earn points toward the team score. For four-lane pools, all four lanes are official. More official lanes (maximum of three per team) may be eligible to earn points toward the team score if both coaches agree the week prior to the meet. For six-lane pools, lanes 2-5 will be swum. For eight-lane pools, lanes 3-6 will be swum. However, only a maximum of two official lanes per team can actually earn points.
- D. Official Races: The first race in each event will be designated as “Official” and will be awarded points toward the team score.
- E. Heats: In any individual event where both teams agree, heats may be added. Heats will not be awarded points used in scoring the meet.
- F. Awards: The host team is only required to provide official race ribbons (first-fourth in four lane pools) and (first-sixth in six lane pools) having the initials “SCSC” or the name “South Coast Swim Conference” for all Official races.
- G. Meet Scoring:
 - Individual Events:
 - 7-4-3-2-1 (6 lanes)

7-4-3-2 (4 lanes)

Relays:

9-4-2 (4 or 6 lanes)

- H. Meet Records: A copy of the meet results will be provided to the visiting team within 24 hours of the competition. The results may be provided on computer disc, hardcopy, or via electronic mail to a designated person for the visiting team.
 - I. Timing: Three times per lane will be used to compute the official elapsed (composite) time for each lane. In “official” lanes (which are all lanes in 4 lane and 6 lane pools and lanes 2-7 in 8 lane pools), the home team lanes will have two visiting timers and one home timer; while visitor lanes will have two home timers and one visiting timer. If two of the designated timers agree for a given lane, their time shall be the composite time for that lane. If three times disagree, the intermediate time shall be the composite time. If two times are available, the composite time will be the slower of the times. If one time is available for a given lane, that time shall be the composite. If CTS (Colorado Timing System) is used at a meet, the composite time shall be the time recorded from the CTS to the host team’s computer system.
 - J. List of Events: See attachment to these Rules. The event order may change provided the coaches agree during the week prior to a meet (such that the teams’ computer directors and meet coordinators can facilitate the change). If a host team changes event order at a meet without the prior approval of both coaches, the team shall forfeit the points for their swimmers in those out of order events and the dips for those swimmers will not count toward eligibility.
 - K. In dual or triangular meets, pools with more than six lanes will use lanes 2-7 as the “official” lanes for scoring the meet.
 - L. Officials: The host team of a dual or tri meet is required to provide either a U.S.S or SCAF Certified Official to officiate the meet unless the teams mutually agree otherwise not less than 48 hours prior to the meet.
 - M. Home/Visitor Lanes Universal at All Pools: Home teams will use even numbered lanes and visiting teams will use odd-numbered lanes.
 - N. DQ’s shown as Exhibition Swim: If a swimmer is disqualified from their race, their swim will be shown as an Exhibition swim and their time will be shown on the ribbon.
- V. RELAY FINALS AND FINALS RULES – GENERAL
- A. Timing: Four timers will be assigned for each lane during the competition. Three timers per lane will be using the Colorado Timing System (CTS); a fourth timer will be using a stopwatch and will be the back-up timer. The composite time shall be the time recorded from the CTS to the league computer. The fourth time calculated by the timer using the stopwatch will only be used if the CTS system fails. The fourth time as calculated by the stopwatch is the only time that the lane writer will write on the lane slip as the CTS composite time is automatically transmitted to the league computer. As an option, touchpads may also be used as a timing device in conjunction with the use of the CTS and stopwatches. The timers will not record times for swimmers from the club they represent.

- B. Lane Assignments: Lane assignments for Relay Finals will be determined by the previous year's Finals results; lane assignments for Finals will be determined by the results of this year's Relay Finals. The following lane assignments start with the first place team.
- 6 teams = Lanes 3,4,2,5,1,6. 7 teams = Lanes 4,5,3,6,2,7,1.
8 teams = Lane 4,5,3,6,2,7,1,8. (per CIF (NFHS) Rules).
- In any event, there will be a buffer lane adjacent to lane 1.
- C. Host Team: The host team will determine the procedures of managing the meet and also review the previous year's procedures and recommendations. The Conference will provide the official computer scorekeepers to direct the computer coordination, coordinate with the host team, and settle scoring disputes.
- D. Concessions: The host club will have the right to keep or assign the concession to another club; any profit (or deficit) will remain with the club responsible for the concession.
- E. Conference Records: New conference records will be acknowledged during the competition.
- F. Eligibility: Each team must provide meet results to the league computer director within forty-eight (48) hours of a swim meet (with corrections or amendments thereto also provided within one (1) week of a meet), an SCSC standard eligibility list for each team, which identifies the meets and events in which the swimmer participated, will be distributed by the League computer director at or prior to the league meeting (copies for each team and one to SCSC) prior to Relay Finals and Finals. Any challenges to the eligibility reports provided by the league regarding a swimmer's eligibility for a league event must be provided to the SCSC Board in writing within 48 hours of the adjournment of the league meeting immediately prior to that league event. The SCSC Board will resolve the challenge within 48 hours and will report the resolution to the Presidents of the challenging team(s) as well as the challenged team(s).
- G. Number of Officials: There will be three (3) officials provided by the host team for Relay Finals and Finals unless otherwise agreed to by a majority of coaches (one vote per team) prior to the competition. The three officials will be approved and scheduled by the SCSC Board.
- H. Mixed Relays: In order to increase the number of swimmers a team brings to the Relay Finals event, age specific exhibition events that will not generate points towards the official score will be run for each age/gender group and for each stroke. These events may be co-ed or there may be a unisex team entered. The choice of entrants is left to the individual teams.

VI. RELAY FINALS – SPECIFIC

- A. Eligibility: The swimmer must comply with Section I.A. and have participated in at least two (2) events in each of two (2) dual or tri SCSC meets (four swims) prior to the Relay Finals. (A tri meet will count as one meet). The first intrasquad meet of the season that each team runs prior to the start of dual meets counts toward eligibility for league events. Dual and tri meets that are on the official SCSC schedule also count towards eligibility for league events.

Additional dual and/or tri meets that are scheduled and approved by the SCSC board prior to June 1, and in which 30% or more of a team's swimmers participate will also count towards eligibility for league events. Meets may be added after June 1 or on an ad-hoc basis, but they will not count towards eligibility for league events.

- B. Scoring: Scoring will reflect the number of teams in the Conference; First place = $2 \times \text{number of teams} + 2$. Second place = first place – 4. Third place = second place – 2. Fourth place = third place – 2, etc. Example for ten teams, 22-18-16-14-12-10-8-6-4-2. Example for seven teams, 16-12-10-8-6-4-2. Example for six teams, 14-10-8-6-4-2.
- C. Meet Statistics: The SCSC Computer Director will send copies of information regarding the final team standings, points scored, and the winning team in each category (including the times recorded) to the respective teams, SCSC President and SCSC Executive Board Members within 48 hours following Relay Finals.
- D. Conference Records: A complete and updated copy of the conference records, prepared by the SCSC Computer Director, will be made available to the teams at the Conference meeting following the Relay Finals.
- E. Meet Programs: The host team will provide an inexpensive printed meet program for purchase at the venue.
- F. Events per Swimmer: A swimmer may participate in five (5) events.
- G. Awards: Awards are supplied by the SCSC, place ribbons will presented to all places in the male, female and mixed events. Relay teams who are disqualified in an event will receive a participation ribbon. Placement trophies will be presented to all teams and age group trophies will be awarded.

VII. FINALS SPECIFIC

- A. Eligibility: To be eligible to swim in the SCSC Finals, the swimmer must comply with Section 1A. and must participate in at least two (2) events in each of four (4) dual or tri SCSC meets (a minimum total of eight swims) during the season including one meet before Relays. Relay Finals will not count as a meet for eligibility qualification purposes for swimmers age 14 and under; however, Relay Finals will count as a meet for eligibility qualification purposes for age 15-18 swimmers only. The first intrasquad meet of the season that each team runs prior to the start of dual meets counts toward eligibility for league events. Dual and tri meets that are on the official SCSC schedule also count towards eligibility for league events. Additional dual and/or tri meets that are scheduled and approved by the SCSC board prior to June 1, and in which 30% or more of a team's swimmers participate will also count towards eligibility for league events. Meets may be added after June 1 or on an ad-hoc basis, but they will not count towards eligibility for league events.
- B. Scoring: Scoring will reflect the number of teams in the Conference; First place = $2 \times \text{number of teams} + 1$. Second place = first place – 2. Third place = second place – 1. Fourth place = third place – 1, Fifth place = fourth place - 1, etc. Example for ten teams, 21-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1.

Example for seven teams, 15-13-12-11-10-9-8-7-6-5-4-3-2-1. Points are doubled for relay events.

- C. Meet Statistics: The host team will send the meet results, statistics and other data from Finals to the SCSC President and Treasurer within two (2) days of the event by computer disc or e-mail.
- D. Conference Records: A complete and updated copy of the conference records will be made available to the teams at the annual fall meeting.
- E. Meet Programs: The host team will provide an inexpensive printed meet program for purchase at the venue.
- F. Events per Swimmer: A swimmer may not compete in more than two (2) individual events and two (2) relays or three (3) individual events and one (1) relay that generate points towards the official score.
- G. Unofficial Heat: For swimmers in the 6 & Under, 7-8 and 9-10 age groups there will be a fourth unofficial heat added to each of the individual events in those age groups. This heat will not score points and will receive a participation ribbon for each of their swims. However, these swims will count toward the number of events per swimmer. No swimmer, whether swimming in heats 1-3 or in heat 4 may exceed the number of swims as described in Section VII, paragraph F.
 - Example: If a swimmer participates in an unofficial heat and then inadvertently swims in four (4) additional events, the swimmer and/or relay team will be disqualified at the time of the infraction for violating Section VII, paragraph F.
- H. Awards: Medals – First through sixth place in Relay Events and first through sixth place in individual events will receive medals. Mixed relay events will receive medals for first through sixth place. Medals will have the following ribbon colors: first-blue, second-red, third-white, fourth-green, fifth-yellow, and sixth-orange. Ribbons will be presented for seventh through tenth place for individual events. Place ribbons will be of the following colors: seventh-light green, eighth-purple, ninth- turquoise, and tenth-brown. Participation ribbons will be awarded to all swimmers not receiving a medal or place ribbon for each event they swim or for any event in which they were disqualified. Trophies will be awarded to all teams in order of their placement. Individual age group trophies will be presented to all age groups, male and female. A perpetual trophy for the team that wins the most events as well as an annual plaque with the team engraved on it will be awarded as well. The trophy will be a traveling trophy and the plaque will remain with the team that wins the award for that year.

VIII. PENALTIES FOR VIOLATION OF RULES FOR RELAYS AND FINALS

A. Eligibility Infraction:

1. Changes or additions to a submitted eligibility list will require the approval of the SCSC Executive Board.
2. Only swimmers listed and qualified to swim by the date of the Conference meeting and not successfully challenged by another team may compete (if not qualified or listed, then may not compete).

3. If ineligibility is discovered after the meet, the competitor and team will lose all points and awards accrued by the ineligible competitor. This will be done at the fall Annual meeting.
4. A competitor who participates in more than the allowable number of individual or total events must be disqualified from any excess event(s) and shall be prohibited in participating in the remainder of the meet.
5. It is the responsibility of each team to verify qualification and compliance of each competitor in accordance with the League Rules.